

You are invited to create art!

Please join us by participating in our

HEALING HANDS virtual gallery & Voices Art Gallery project!



About the project:

Self-care is important for both patients and health care professionals. With this in mind, the *Patient & Family Support Services* team at the Rogel Cancer Center is launching a community art project called "Healing Hands". This project will honor what patients and staff find personally "healing". Through this community project we will bring a range of images together to represent our collective ideas of what is "healing", creating an exhibition of shared ideas and images that will benefit us all!

Who can participate?

Patients, staff, family members, health care professionals and caregivers are invited to create drawings for us! To participate, please fill out the below form and print off a copy of the line drawing on page three to complete your drawing.

How to contribute an art piece:

- I. Print out the hand-shaped, line drawing on page 3.
- 2. Get creative and color the hands; then fill the empty circle with your own symbols, colors and/or images that are **healing to you**.
 - IDEAS: Draw, color or collage within the circle, use colors, shapes, patterns, bedazzle, etc.
 - Use any materials!... pencils, markers, paint, collage, and words (but no names on the art, please!).
 - Be creative! Show what healing means to YOU!
- 3. Once your drawing is completed, TAKE A PHOTOGRAPH of it with your phone. Try to use natural, even lighting, cropping the image close to the edge of the page.
- 4. Forward the photograph of your drawing to: **VoicesArtGallery@umich.edu** or use your phone to scan the QR code below to send your photo via email.



That's it! Your drawing will be part of the virtual and/or Voices Art Gallery exhibition sharing our cumulative healing art! Thanks for participating!

Note: By submitting your image, you are giving permission for it to be included in our virtual and Voices Art Gallery. The image may also be used by Michigan Medicine Public Relations and Marketing units in social media, print or other media outlets for promotional, public relations or marketing purposes. All submitted images will remain anonymous.



