

The purpose of this guide is to help you find information and support on thyroid cancer. This Guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

Brochures and Fact Sheets

- **Thyroid Cancer.** American Thyroid Association.
A printable version is available at:
<http://online.liebertpub.com/doi/pdfplus/10.1089/thy.2015.0020>
- NCCN Guidelines for Patients. **Thyroid Cancer**, Ver. 1.2017
<https://www.nccn.org/patients/guidelines/cancers.aspx>
 - Click “NCCN Guidelines for Patients”
 - Click “View All Cancer Types”
 - Scroll down and Click “Thyroid Cancer”
- **Thyroid Cancer Basics.** Thyroid Cancer Survivors’ Association, Inc.
A printable version is available at:
<http://thyca.org/TCBasics.pdf>

Books

- Ain, Kenneth. **Complete Thyroid Book.** New York: McGraw-Hill, 2nd Ed. 2011.

- Gilletz, Norene. **The Low Iodine Diet Cookbook: Easy and Delicious Recipes & Tips for Thyroid Cancer Patients.** [S.L]: Your Health Press, 2012.
- U.S. Department of Health and Human Services. **Thyroid Cancer: Causes, Symptoms, Signs, Diagnosis, Treatments, Stages of Thyroid Cancer.** CreateSpace Independent Publishing, 2012.
- Van Nostrand, Douglas. **Thyroid Cancer: A Guide for Patients.** Pasadena, MD: Keystone Press, 2010.

Web Resources

- **All About Thyroid Cancer** at the American Cancer Society site
 - Go to the American Cancer Society site at:
<http://www.cancer.org/>
 - Click "Cancer A-Z"
 - Click "VIEW ALL Cancer Types"
 - Scroll down and Click "Thyroid Cancer"
- **American Thyroid Association**
<http://thyroid.org>
Information about thyroid diseases and support services for patients and families.
- **Light of Life Foundation**
<http://lightoflifefoundation.org>
Easy-to-read information about thyroid cancer and a low iodine cookbook.
- **Thyroid Cancer Treatment (Adult) (PDQ®)–Patient Version**
<https://www.cancer.gov/types/thyroid/patient/thyroid-treatment-pdq>
Information from National Cancer Institute on Thyroid Cancer.

- **ThyCa: Thyroid Cancer Survivors' Association**

<http://thyca.org>

Information on patient services and living with thyroid cancer.

University of Michigan Resources

- **University of Michigan Rogel Cancer Center Multidisciplinary Thyroid Cancer Clinic**

<https://www.rogelcancercenter.org/thyroid-cancer>

This clinic is part of the U-M Rogel Cancer Center Endocrine Oncology Program and offers comprehensive interdisciplinary care for patients with all types of thyroid cancers.

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