The purpose of this guide is to help you find information and support on talking to children about grief and bereavement. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

**Brochures**


**Books**

**For Children**


For Teens


**For Adults Helping Children**


• Dougy Center. **Helping Teens Cope with Death.** Portland, OR: Dougy Center, 2011.


Audiovisual Resources

  
  [https://search.alexanderstreet.com/view/work/bibliographic_entity%7Cvideo_work%7C3484683/helping-children-grieve](https://search.alexanderstreet.com/view/work/bibliographic_entity%7Cvideo_work%7C3484683/helping-children-grieve)

Web Resources

- **Dougy Center**
  
  [http://dougy.org](http://dougy.org)
  The Dougy Center is a leading organization providing grief support services to children and teens, as well as training and education to professionals in the field. The site helps to locate local grief support groups, and offers information and resources on helping children and teens that have experienced the death of a parent, sibling, or friend.

- **Ele's Place**
  
  [http://elesplace.org](http://elesplace.org)
  Ele's Place is a nonprofit, community-based organization dedicated to creating awareness of and support for grieving children and their families. Located in Ann Arbor, Grand Rapids, and Lansing.

- **Fred Rogers Productions.** Parent Resources – section on Dealing with Death.
  
  This resource offers thoughts and helpful hints from Fred Rogers on helping children understand death. It also provides links to video from episodes of *[Mister Rogers’ Neighborhood]* that deal with loss.
• Hello Grief
  http://hellogrief.org
  A place to share and learn about grief and loss.

• Kidsaid.com
  http://kidsaid.com/k2k_support.html
  A companion site to griefnet.org, Kidsaid.com provides a safe environment for grieving kids and their parents to find information and ask questions.

• National Alliance for Grieving Children
  https://childrengrieve.org
  This site supports awareness of the needs of children and teens grieving a death – and provides education and resources for healing.

University of Michigan Programs

• Families Facing Cancer Program at the University of Michigan Rogel Cancer Center. This program focuses on resources and programs for children who have a parent or other adult family member confronting cancer.
  https://www.rogelcancercenter.org/support/managing-emotions/complementary-therapies/families-facing-cancer

• Grief and Loss Program at the University of Michigan Rogel Cancer Center
  https://www.rogelcancercenter.org/support/managing-emotions/grief-and-loss-program
  This site has information about events and resources for families dealing with loss. The online booklet “Coping with Transitions” has valuable information for people who have just lost a loved one.
Community Programs for Grieving Children & Teens

- **Ele’s Place** of Lansing, Grand Rapids, and Ann Arbor:
  
  [http://elesplace.org](http://elesplace.org)

- **Gilda’s Club of Grand Rapids**
  
  [http://gildasclubgr.org](http://gildasclubgr.org)

- **Gilda’s Club of Metro Detroit**
  
  [http://gildasclubdetroit.org](http://gildasclubdetroit.org)

- **National Alliance for Grieving Children**
  
  [https://childrengrieve.org](https://childrengrieve.org)
  
  Provides a complete listing of Michigan and other State programs and camps for bereaved children and teens.

- **Sandcastles**
  
  [http://aboutsandcastles.org](http://aboutsandcastles.org)
  
  SandCastles provides a caring place for children, teens, and their families who have experienced a death, to share their loss and journey through grief in a safe and supportive environment.