

The purpose of this guide is to help you find information and support on sexuality and cancer. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

Brochures and Fact Sheets

- American Cancer Society publications
 - **Sexuality for the Man with Cancer**
 - **Sexuality for the Woman with Cancer**

Books

- Alterowitz, Ralph and Alterowitz, Barbara. **Intimacy with Impotence: The Couple's Guide to Better Sex after Prostate Disease**. Cambridge, MA: Da Capo Lifelong Books, 2004. (e-book 2009)
- Alterowitz, Ralph and Alterowitz, Barbara. **The Lovin' Ain't Over for Women with Cancer**. Bethesda, MD: CFACT, Inc., 2011.
- Albaugh, Jeffrey. **Reclaiming Sex & Intimacy after Prostate Cancer**. Pitman, NJ: Jannetti Publications, Inc., 2012. (on order)
- Ellsworth, Pamela. **100 Questions & Answers about Erectile Dysfunction**. Sudbury, MA: Jones and Bartlett Publishers, Second edition 2007.
- Foley, Sallie et al. **Sex Matters for Women: A Complete Guide to Taking Care of Your Sexual Self**. 2nd Edition. New York, NY: The Guilford Press, 2011.
- Katz, Anne. **Man Cancer Sex**. Pittsburgh, Pa.: Hygeia Media, 2010.
- Katz, Anne. **Prostate Cancer and the Man You Love: Supporting and Caring for Your Partner**. Lanham, MD: Rowman & Littlefield Publishers, 2012. (2015 paperback)
- Katz, Anne. **Women Cancer Sex**. Pittsburgh, Pa.: Hygeia Media, 2009.
- Krychman, Michael et al. **100 Questions & Answers about Life after Breast Cancer Sensuality, Sexuality, and Intimacy**. Sudbury, MA: Jones and Bartlett Publishers, 2010.
- Maisano, Gina M. **Intimacy after Breast Cancer: Dealing with Your Body, Relationships, and Sex**. Garden City Park, NY: Square One Publishers, 2010.

- Mulhall, John P. **Saving Your Sex Life: A Guide for Men with Prostate Cancer.** Munster, IN: Hilton Publishing, 2008.

Audiovisual Resources

- CancerVive. **The Ties that Bind: When Your Partner has Breast Cancer.** Los Angeles, CA: CancerVive, 2006. (26 minutes)
- WomenStories. **Intimacy.** Buffalo, NY: WomenStories, 2001. (30 minutes). This DVD features breast cancer survivors and their spouses talking about issues of intimacy, sexuality, and love after breast cancer.

Web Resources

- **American Cancer Society section on Sexuality**
<http://cancer.org>
 - Click *“Find Support & Treatment”*
 - Click *“Treatments and Side Effects”*
 - Click *“More Physical Side Effects”* under *“Dealing with Side Effects”*
 - Scroll down and select *“Fertility and Sexual Side Effects”* for men or women
- **American Society of Clinical Oncology’s Cancer.net section on Sexual and Reproductive Health**
<http://cancer.net>
 - Click *“Coping & Emotions”*
 - Click *“Sexual and Reproductive Health”*
- **LiveStrong section on Sexual Health After Cancer**
<http://livestrong.org>
 - Click *“Get Cancer Support”*
 - Click *“Explore Resources Online”*
 - Click *“Finishing Treatment”*
 - Click *“Sexual Health After Cancer”* for men or women

- Macmillan Cancer Support section on Cancer and Sexuality
 - Go to <http://macmillan.org.uk>
 - Click “*Information & Support*”
 - Click “*Coping*”
 - Click “*Relationships*”

University of Michigan Resources

- University of Michigan Center for Sexual Health
<http://uofmhealth.org/medical-services/sexual-health>
This center is dedicated to advancing sexual health through treatment, community education, training, and research. The center, part of the University of Michigan Department of Social Work, is staffed by certified sex therapists who are mental health professionals specializing in the treatment of sexual difficulties.

Email Groups (Listservs)

- CANCER-SEXUALITY is an email discussion group focusing on sexuality after diagnosis, hosted by the Association of Cancer Online Resources (ACOR).
Subscribe at:
<http://listserv.acor.org/archives/cancer-sexuality.html>

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