The purpose of this guide is to help you find information and support on sexuality and cancer. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

**Brochures and Fact Sheets**

- American Cancer Society
  - *Sexuality for the Man with Cancer*
  - *Sexuality for the Woman with Cancer*

  Copies available by calling the American Cancer Society at 1 (800) 227-2345.

**Books**


Web Resources

• American Cancer Society - sections on Sexuality
  
  → Sex and the Woman With Cancer
  

  → Sex and the Man With Cancer
  
Michigan Medicine

- Cancer.net sections on **Sexual Health and Cancer Treatment: Women** and **Sexual Health and Cancer Treatment: Men**. American Society of Clinical Oncology.
  
  [http://cancer.net](http://cancer.net)
  
  → Click “Navigating Cancer Care.”
  
  → Click “Dating, Sex, and Reproduction.”
  
  → Click “Sexual Health and Cancer Treatment: Women” or “Sexual Health and Cancer Treatment: Men.”

- **LiveStrong** section on **Sexual Health After Cancer**
  
  [http://livestrong.org](http://livestrong.org) (From the menu at the upper right)
  
  → Click “Cancer Support”
  
  → Click “Finishing Treatment”
  
  → Click “Sexual Health After Cancer” for men or women

- **Self-Image and Sexuality**. National Cancer Institute.
  

  Information on body changes during and after treatment, changes in your sex life, and dating concerns.

- **Sexual Health Issues in Men with Cancer**. National Cancer Institute.
  

  Information on cancer treatments that may cause sexual problems in men, ways to manage sexual health issues, and talking with your health care team about sexual health issues.

- **Sexual Health Issues in Women with Cancer**. National Cancer Institute.
  
Information on cancer treatments that may cause sexual problems in women, ways to manage sexual health issues, and talking with your health care team about sexual health issues.

- **Macmillan Cancer Support section on Cancer and Sexuality**
  
  → Go to [http://macmillan.org.uk](http://macmillan.org.uk)
  
  → Click “Information & Support”
  
  → Click “Coping”
  
  → Click “Relationships and Sex”

**University of Michigan Resources**

- **University of Michigan Center for Sexual Health**
  
  [https://www.uofmhealth.org/conditions-treatments/sexual-health](https://www.uofmhealth.org/conditions-treatments/sexual-health)
  This center is dedicated to advancing sexual health through treatment, community education, training, and research. The center, part of the University of Michigan Department of Social Work, is staffed by certified sex therapists who are mental health professionals specializing in the treatment of sexual difficulties.