

The purpose of this guide is to help you find information and support on sarcoma. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

Brochures and Fact Sheets

- **Treatment Update: Gastrointestinal Stromal Tumors.** CancerCare.
Online version available at:

<https://www.cancercare.org/publications/136-treatment-update-gastrointestinal-stromal-tumors>

- National Comprehensive Cancer Network (NCCN).
Soft Tissue Sarcoma: NCCN Guidelines for Patients — 2018.
Available online at:

<https://www.nccn.org/patients/about/default.aspx>

- Click on “NCCN Guidelines for Patients”
- Scroll down and click on “View All Cancer Types”
- Scroll down and click on “Soft Tissue Sarcoma”

Books

- Ronald DeMatteo; George D. Demetri; Marina Symcox. **100 Questions & Answers about Gastrointestinal Stromal Tumors (GIST).** Sudbury, MA: Jones and Bartlett Publishers, 2006.

Audiovisual Resources

- CancerCare Connect Workshops
 - **Living with Gastrointestinal Stromal Tumors: Treatment Update**
 - **Treatment Update on Soft Tissue Sarcoma**

Available online at:

http://cancercare.org/connect_workshops

- Go to **“Browse Workshops”**
- Select **“Sarcoma”** from **“By Diagnosis”** from the drop-down menu

These workshops are available as a downloadable mp3 or viewable online as a webcast.

- **Liddy Shriver Sarcoma Video Series**

<http://youtube.com/teamsarcoma>

Series of one-minute videos on sarcoma topics including diagnosis, caregiving, biopsy, treatment essentials, metastases, clinical trials, and survivorship.

- **What’s New in Sarcoma Care and Treatment, with Dr. Robert Maki**
American Society of Clinical Oncology

<http://cancer.net/multimedia/videos>

- Select **“Cancer Research News”**
- Scroll down and Click **“Sarcoma – An Introduction with Dr. Maki”**

Web Resources

- **American Cancer Society**

<http://cancer.org>

→ Click “**Cancer A-Z**”

→ Click “**View All Cancer Types**” from the drop-down menu

- Bone Cancer
- Gastrointestinal Stromal Tumors
- Sarcoma - Adult Soft Tissue Cancer

→ Click “**Go**”

- **American Society of Clinical Oncology – Sarcoma**

<https://www.cancer.net/>

→ Click “**Types of Cancer**”

→ Click “**R-Z**” and choose

→ Click on “**Sarcoma**” and then chose type

- **Kaposi**
- **Soft Tissue**
- **Sarcoma – Specific Organs**

Detailed overview of sarcoma, including statistics, medical illustrations, risk factors, symptoms, diagnosis, staging, and treatment.

- **Liddy Shriver Sarcoma Initiative**

<http://sarcomahelp.org>

In-depth website on all sarcoma subtypes. Printable patient materials.

Detailed guides on over 15 sarcoma subtypes.

- **National Cancer Institute**

<http://cancer.gov>

Cancer resources, including general information on sarcoma as well as staging, treatment options, statistics, and clinical trials.

- **OncoLink Sarcoma Information**

<http://oncolink.org>

Detailed information on patients of Ewing's Sarcoma, Osteosarcoma, Rhabdomyosarcoma, and other soft tissue sarcomas, sarcoma of the bone, and sarcoma of the soft tissue.

→ Click "Cancer Types"

→ Click "S"

→ Click "Sarcomas"

- **Sarcoma Alliance**

<http://sarcomaalliance.org>

Patient information for sarcoma patients, including general information, treatment guidelines, clinical trials, complementary therapies, and personal tools for dealing with sarcoma.

- **Sarcoma Foundation of America**

<http://curesarcoma.org>

Includes materials on general sarcoma information, how sarcoma develops, statistics, and treatment. Also contains information on sarcoma subtypes.

University of Michigan Resources

- **The University of Michigan Rogel Cancer Center Multidisciplinary Sarcoma Clinic**

<https://www.rogelcancercenter.org/sarcoma>

This clinic offers a collaborative approach in treating soft tissue and bone sarcomas.

Organizations

- **Sarcoma Alliance**
<http://sarcomaalliance.org>
(415) 381-7236
- **GIST Support International**
<http://gistsupport.org>
(215) 340-9374

Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

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Document #0021/Last Revised 03/2019