

SURVIVORSHIP: THE NEXT PHASE OF CARE

At the University of Michigan Comprehensive Cancer Center, our goal is to provide our patients with strategies to optimize their overall health and wellness — now and in the future. To meet this goal, the Cancer Center has established a Cancer Survivorship Program to ease the transition that follows the completion of active cancer treatment.

The program's mission is to provide excellent clinical care to patients while fostering research that will lead to further advances in care for cancer survivors.

A key element in survivorship care is developing an individualized treatment summary and plan of care, which provides information on the treatment patients received and how to manage health care in the future. Resources available in Patient and Family Support Services are an integral part of the transition from active treatment. Nutrition Services, PsychOncology Clinic, Symptom Management and Palliative Care Clinic, the Patient Education Resource Center and Complementary Therapies are just a few of the resources that will continue to be available to patients during this transition phase of care.

Survivorship care is an emerging priority in cancer care. The U-M Comprehensive Cancer Center is pursuing research to better understand the needs of cancer survivors so more effective strategies can be developed to address these needs in the future.

TO LEARN MORE about the U-M Comprehensive Cancer Center Survivorship Program, visit mcancer.org/survivorship.



SURVIVORSHIP PROGRAM PROSTATE CANCER



U-M CANCER CENTER

Prostate Cancer Survivorship Clinic

734-647-8903 Appointments

Cancer AnswerLine

800-865-1125

www.mcancer.org/survivorship

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THE CLINIC

The Prostate Cancer Survivorship Initiative at the University of Michigan Comprehensive Cancer Center is designed for men who have had prostate cancer. An overall goal of survivorship is to assist patients in learning more about health issues that may occur following completion of their prostate cancer treatment and strategies to address these issues and concerns. Discussion also includes various steps that can be taken to achieve a healthy lifestyle.

A Department of Urology faculty member oversees the program in collaboration with the nurse practitioners, social workers, clinic nurses and staff. Visits to the survivorship clinic are scheduled once a patient completes treatment and his physician determines a referral to the clinic would be appropriate.



A TYPICAL VISIT

During a survivorship visit, patients meet with a nurse practitioner and sexual health therapist with extensive education and training in the care of prostate cancer patients. Patients receive a comprehensive health exam followed by open discussion about topics of concern related to their individual prostate cancer histories. These discussions include information about:

- Signs and symptoms of prostate cancer recurrence;
- Management of side effects from treatment;
- Counseling for sexual health recovery for individuals and couples;
- Penile rehabilitation;
- Pelvic floor rehabilitation;
- Prostate cancer screening;
- Lifestyle recommendations; and
- Any other questions or concerns patients may have.

To ensure continuity of care, a treatment summary and survivorship care plan is sent following the visit to the patient, his primary care physician and the physician who referred the patient to this program. The patient will return to the care of his original oncology team should he have symptoms of recurrence or if there is a change in his cancer treatment plan.

FOR MORE INFORMATION

To schedule an appointment, call 734-647-8903 or the Cancer AnswerLine 800-865-1125.

All new patients must be referred by one of their prostate cancer doctors. Talk to your physician to determine when the time is right for referral to the Prostate Cancer Survivorship Clinic.

For more information about prostate cancer survivorship, visit www.mcancer.org/survivorship or call the Patient Education Resource Center at 734-647-8626.



TO LEARN MORE about the U-M Comprehensive Cancer Center Survivorship Program, visit mcancer.org/survivorship.