

The purpose of this guide is to help you find information and support on prostate cancer. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

Brochures and Fact Sheets

- Agency for Healthcare Research and Quality
Treating Prostate Cancer: A Guide for Men with Localized Prostate Cancer
Printable version available at:
https://effectivehealthcare.ahrq.gov/sites/default/files/pdf/prostate-cancer-therapies-update_consumer.pdf
- Michigan Cancer Consortium. **Making the Choice: Deciding What to Do About Early Stage Prostate Cancer.** Multilingual printable version available at:
https://www.prostatecancerdecision.org/PDFs/Booklet/Making_The_Choice-English-09.02.14.pdf
Provided by the Michigan Cancer Consortium, this site covers the different treatment options for early stage prostate cancer and guides patients in deciding the option best for them.
- **Treatment Choices for Men with Early-Stage Prostate Cancer**
Printable version available at:
<http://cancer.gov/publications/patient-education/prostate-cancer-treatment-choices.pdf>

- Prostate Cancer Foundation
 - **An Introduction to Prostate Cancer**
 - **Health and Wellness: Living with Prostate Cancer**
 - **Questions to Ask Your Doctor**
- Printable versions of the above and others available at:
<http://pcf.org>
- Click on Patient Resources along the top to view selections.
- USToo
 - **Living with Prostate Cancer**
 - **Pathways for New Prostate Cancer Patients**
 - **Signposts Along the Pathway of Prostate Cancer: Understanding Diagnostic Tests and Procedures to Monitor Prostate Cancer**
 - **What You Need to Know About Your Partner's Prostate Cancer**

Printable versions available at:

<http://www.ustoo.org/Read-Educational-Materials>

Books

- American Cancer Society. **Complete Guide to Prostate Cancer**. Atlanta, GA: American Cancer Society, 2005.
- Bard, R.L., **Prostate Cancer Decoded: Newer Life-Saving Prostate Cancer Treatments**. New York: Morgan Jones Publishing, 2008
- Chodak, Gerald. **Winning the Battle against Prostate Cancer: Get the Treatment That's Right for You** (2nd Ed.) Demos Health, 2013.

- Ellsworth, Pamela. **100 Questions & Answers about Prostate Cancer.** (2nd Ed.) Burlington, MA: Jones and Bartlett Publishers, 2013.
- Katz, Aaron E. **The Definitive Guide to Prostate Cancer: Everything You Need to Know About Conventional and Integrative Therapies.** New York, NY: Rodale, 2011.
- Katz, Anne. **Prostate Cancer and the Man Your Love: Supporting and Caring for Your Partner.** Lanham, MD, Rowman & Littlefield, 2012.
- Marks, S. **Prostate & Cancer: A Family Guide to Diagnosis, Treatment & Survival** (4th ed.) Cambridge, MA, Da Capo Lifelong, 2009.
- Moyad, M.A. **Promoting Wellness for Prostate Cancer Patients** (4th ed.) Ann Arbor, MI, Spry Publishing, 2013.
- Pynn, Craig T. **One Man’s Life-Changing Diagnosis: Navigating the Realities of Prostate Cancer.** New York, NY. Demos Medical Publishing, 2012.
- Scardino, Peter. **Dr. Peter Scardino’s Prostate Book.** New York. Avery, 2010.
- Walsh, Patrick C., **Dr. Patrick Walsh’s Guide to Surviving Prostate Cancer** (3rd Ed.) New York: Grand Central Life & Style 2012.

Web Resources

- **American Cancer Society – Section on Prostate Cancer**
<https://www.cancer.org/>
 - Click on “Cancer A-Z”
 - Click on “View All Cancer Types”
 - Scroll down to “P” and select “Prostate Cancer”

- **Prostate Cancer** cancer.net (Provided by the American Society for Clinical Oncology)

<http://cancer.net>

- Click on “**Types of Cancer**”
- Click “**Common Cancers M-Q**”
- Click “**Prostate Cancer**”

The American Society of Clinical Oncology provides an overview of Prostate Cancer and information about coping and cancer survivorship.

- National Cancer Institute. **Prostate Cancer Treatment (PDQ®)–Patient Version.**

<https://www.cancer.gov/types/prostate/patient/prostate-treatment-pdq>

The National Cancer Institute provides a summary of current treatment for Prostate Cancer.

- **Prostate Cancer Foundation**

<https://www.pcf.org/guide/>

The site includes a wealth of information about prostate cancer including: treatment options, post-treatment issues, clinical trials and support services for patients and families. Booklets available to download or print.

University of Michigan Resources

- **Rogel Cancer Center - Prostate Cancer**

<https://www.rogelcancercenter.org/prostate-cancer>

Description of the Prostate Cancer Program at the Rogel Cancer Center and links to articles and resources.

Support Organizations

- US TOO International

<http://www.ustoo.org/>

Support Hotline: (800) 80-US-TOO (800-808-7866)

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Document #0033/ Last Revised 03/2019