

The purpose of this guide is to help you find information and support on prostate cancer. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

## Brochures and Fact Sheets

- Agency for Healthcare Research and Quality  
**Treating Prostate Cancer: A Guide for Men with Localized Prostate Cancer**  
Printable version available at:  
[https://effectivehealthcare.ahrq.gov/sites/default/files/pdf/prostate-cancer-therapies-update\\_consumer.pdf](https://effectivehealthcare.ahrq.gov/sites/default/files/pdf/prostate-cancer-therapies-update_consumer.pdf)
- Michigan Cancer Consortium  
**Making the Choice: Deciding What to Do About Early Stage Prostate Cancer**  
Multilingual printable version available at:  
<http://prostatecancerdecision.org>
- National Cancer Institute
  - **Prostate Cancer – Patient Version**  
View, print, or download at:  
<https://www.cancer.gov/types/prostate>
  - **Treatment Choices for Men with Early-Stage Prostate Cancer**  
Printable version available at:  
<http://cancer.gov/publications/patient-education/prostate-cancer-treatment-choices.pdf>
- Prostate Cancer Foundation
  - **An Introduction to Prostate Cancer**
  - **Health and Wellness: Living with Prostate Cancer**
  - **Questions to Ask Your Doctor**  
Printable versions of the above and others available at:  
<http://pcf.org>  
Scroll down and click on the “*Orange Print*” links

- **Report to the Nation: A Guide for Men and Their Families**  
Access at:  
[http://www.prostatecareqld.com.au/download-books\\_files/click-here-to-download--report-to-the-nation-on-prostate-cancer-a-guide-for-men-and-their-families.pdf](http://www.prostatecareqld.com.au/download-books_files/click-here-to-download--report-to-the-nation-on-prostate-cancer-a-guide-for-men-and-their-families.pdf)

- **UsToo**

- **Living with Prostate Cancer**
- **Pathways for New Prostate Cancer Patients**
- **Signposts Along the Pathway of Prostate Cancer: Understanding Diagnostic Tests and Procedures to Monitor Prostate Cancer**
- **What You Need to Know About Your Partner's Prostate Cancer**

Printable versions available at: <http://www.ustoo.org/Read-Educational-Materials>

## Books

- American Cancer Society. **Complete Guide to Prostate Cancer**. Atlanta, GA: American Cancer Society, 2005.
- Bard, R.L., **Prostate Cancer Decoded: Newer Life-Saving Prostate Cancer Treatments**. New York: Morgan Jones Publishing, 2008
- Chodak, Gerald. **Winning the Battle against Prostate Cancer: Get the Treatment That's Right for You** (2<sup>nd</sup> Ed.) Demos Health, 2013.
- Ellsworth, Pamela. **100 Questions & Answers about Prostate Cancer**. (2<sup>nd</sup> Ed.) Burlington, MA: Jones and Bartlett Publishers, 2013.
- Katz, Aaron E. **The Definitive Guide to Prostate Cancer: Everything You Need to Know About Conventional and Integrative Therapies**. New York, NY: Rodale, 2011.
- Katz, Anne. **Prostate Cancer and the Man Your Love: Supporting and Caring for Your Partner**. Lanham, MD, Rowman & Littlefield, 2012.
- Marks, S. **Prostate & Cancer: A Family Guide to Diagnosis, Treatment & Survival** (4<sup>th</sup> ed.) Cambridge, MA, Da Capo Lifelong, 2009.
- Moyad, M.A. **Promoting Wellness for Prostate Cancer Patients** (4<sup>th</sup> ed.) Ann Arbor, MI, Spry Publishing, 2013.
- Pynn, Craig T. **One Man's Life-Changing Diagnosis: Navigating the Realities of Prostate Cancer**. New York, NY. Demos Medical Publishing, 2012.
- Scardino, Peter. **Dr. Peter Scardino's Prostate Book**. New York. Avery, 2010.
- Torrey, E. Fuller. **Surviving Prostate Cancer: What You Need to Know to Make Informed Decisions**. New Haven. Yale University Press, 2006.

- Walsh, Patrick C., **Dr. Patrick Walsh's Guide to Surviving Prostate Cancer** (3<sup>rd</sup> Ed.) New York: Grand Central Life & Style 2012.

## Audiovisual Resources

- American Urological Association Foundation. **Expert Advice about Prostate Cancer: Understanding Your Diagnosis and Treatment Options**. DVD Linthicum, MD American Urological Association Foundation, 2008

- MedlinePlus: **Prostate Cancer Surgery Videos**

<http://medlineplus.gov>

- Click on: *"Videos & Tools"*
- Click on: *"Surgery Videos"*
- Scroll down to *"Cancers"*, then to *"Prostate Cancer"*
- Select one of the videos on Prostatectomy

## Web Resources

- **American Cancer Society – Section on Prostate Cancer**

<https://www.cancer.org/cancer/prostate-cancer.html>

- Making the Choice

<http://www.prostatecancerdecision.org/>

Provided by the Michigan Cancer Consortium, this site covers the different treatment options for early stage prostate cancer and guides patients in deciding the option best for them.

- **Cancer.Net: Prostate Cancer** (Provided by the American Society for Clinical Oncology)

<http://cancer.net>

- Click on *"Types of Cancer"*
- Click *"M-Q"*
- Click *"Prostate Cancer"*

The American Society of Clinical Oncology provides an overview of Prostate Cancer and information about coping and cancer survivorship.

- **National Cancer Institute: Prostate Cancer**

<https://www.cancer.gov/types/prostate>

The National Cancer Institute provides a summary of current treatment for Prostate Cancer.

**Prostate Cancer Treatment (PDQ®)–Patient Version**

<https://www.cancer.gov/types/prostate/patient/prostate-treatment-pdq>

- **Prostate Cancer Foundation**

<https://www.pcf.org>

The site includes a wealth of information about prostate cancer including: treatment options, post-treatment issues, clinical trials and support services for patients and families.

## University of Michigan Resources

- **Rogel Cancer Center - Prostate Cancer**

<https://www.mcancer.org/prostate-cancer>

Description of the Prostate Cancer Program at the Rogel Cancer Center and links to articles and resources.

## Support Organizations

- **Association of Cancer Online Resources (ACOR) – Prostate Problems Mailing List**

<http://www.acor.org/>

Scroll down and select “Prostate Cancer”

This is an email discussion group for Prostate Cancer patients and families.

- **US TOO International**

<http://www.ustoo.org/>

Support Hotline: (800) 80-US-TOO (800-808-7866)

Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

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