

The purpose of this guide is to help you find information and support on pancreatic cancer. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

## Brochures and Fact Sheets

- Lustgarten Foundation for Pancreatic Cancer Research. **Understanding Pancreatic Cancer: A Guide for Patients and Families.** To receive a printed copy, please call: 1-866-789-1000 or email: [contactus@lustgarten.org](mailto:contactus@lustgarten.org).
- Pancreatic Cancer Action Network. (PanCan).
  - **Overview of Pancreatic Cancer.**
  - **Diet and Nutrition Concerns with Pancreatic Cancer.**

To receive a free copy of these booklets and other information, call their Helpline at (877) 573-9971 or visit:

<https://www.pancan.org/facing-pancreatic-cancer/patient-services/>

## Books

- Ahuja, Nita. **Patients' Guide to Pancreatic Cancer.** Baltimore, MD: Johns Hopkins University, 2012.
- Lippe, Michael J. **Pancreatic Cancer: A Patient and His Doctor Balance Hope and Truth.** Baltimore, MD: Johns Hopkins University Press, 2011. O'Reilly,

- Eileen. **100 Questions & Answers about Pancreatic Cancer**. Sudbury, MA: Jones and Bartlett Publishers, 2010.

### Web Resources

- American Cancer Society. **Pancreatic Cancer**.  
<https://www.cancer.org/cancer.html>
  - Click on “**Cancer A-Z**”
  - Click on “**View All Cancer Types**”
  - Scroll down and click on “**Pancreatic Cancer**”
- **Pancreatic Cancer** (provided by the American Society for Clinical Oncology). The American Society of Clinical Oncology provides an overview of Pancreatic Cancer and information about coping and cancer survivorship.  
<https://www.cancer.net/cancer-types/pancreatic-cancer/view-all>
  - Click on “**Types of Cancer**”
  - Scroll to “**Common Cancers M-Q**”
  - Click on “**Pancreatic Cancer**”
- **Hirshberg Foundation for Pancreatic Cancer Research**  
<http://pancreatic.org>

This site focuses mainly on research and medical advances related to pancreatic cancer.
- **Lustgarten Foundation**  
<http://lustgarten.org>

Click “**Patient Journey**” to find information on support services including a clinical trials database.

- National Comprehensive Cancer Network (NCCN).  
**Pancreatic Cancer: NCCN Guidelines for Patients — 2017, Version 1.**  
Available on line at: <https://www.nccn.org/patients/about/default.aspx>
  - Click on “NCCN Guidelines for Patients”
  - Scroll down and click on “View All Cancer Types”
  - Scroll down and click on “Pancreatic Cancer”
- National Cancer Institute. **Pancreatic Cancer Treatment (PDQ®)–Patient Version.** <http://cancer.gov/types/pancreatic>  
The National Cancer Institute provides a summary of current treatment for pancreatic cancer and other relevant information.
- **National Pancreas Foundation**  
<http://pancreasfoundation.org>  
This site contains information on pancreatic cancer and other pancreas-related illnesses. The site also has a database of pancreas-friendly recipes and information on living a healthy life.
- **Pancreatic Cancer Action Network (PanCan)**  
<http://pancan.org>  
News on advocacy and research, a printable version of the organization’s newsletter, and a cookbook for people with pancreatic cancer are available on this site.
- **Pancreatic Cancer Alliance**  
<http://pancreaticalliance.org>  
This organization works to support the efforts of the medical and research communities, as well as patients and their loved ones in the battle against pancreatic cancer.

## University of Michigan Resources

- **University of Michigan Pancreatic Cancer Center**  
<https://www.rogelcancercenter.org/pancreatic-cancer>

The Pancreatic Cancer Center assembles a team of physicians, oncologic surgeons, pathologists, radiologists, clinical investigators, and basic science researchers, to help patients combat their cancer.

## Organizations

- **Lustgarten Foundation for Pancreatic Cancer Research**  
<http://lustgarten.org>

1-866-789-1000

- **Pancreatic Cancer Action Network**  
<http://pancan.org>

1-877-272-6226

Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

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