The purpose of this guide is to help you find information and support on ovarian cancer. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

**Brochures and Fact Sheets**

- **Foundation for Women’s Cancer**
  - Understanding CA 125 Level: A Guide for Ovarian Cancer Patients
  - Understanding Ovarian Cancer
  
  Also available online at: [http://foundationforwomenscancer.org/educational-materials/ovarian-cancer](http://foundationforwomenscancer.org/educational-materials/ovarian-cancer)

- **National Ovarian Cancer Coalition**
  - Ovarian Cancer Quality of Life Issues
  - When a Loved One has Ovarian Cancer
  
  These titles as well as others are available at: [http://ovarian.org/news-resources-separator/nocc-resources](http://ovarian.org/news-resources-separator/nocc-resources)

**Books**

• Dizon, Don S. One Hundred Questions and Answers about Ovarian Cancer. 2nd Ed. Sudbury, MA: Jones and Bartlett Publishers, 2006.


• Salani, Ritu; Bristow, Robert; Shockney, Lillie; Shapiro, Gary R. Johns Hopkins Patients’ Guide to Ovarian Cancer. Boston: Jones and Bartlett Publishers, 2009.


Audiovisual Resources

• National Ovarian Cancer Coalition Videos
  o Caregivers Role in Managing Symptoms & Side Effects
  o Communicating Effectively with Your Physician
  o Dealing with Recurrence
  o Dealing with Treatment Burnout
  o Living with Uncertainty
  o Understanding the Genetic Risk for Ovarian Cancer
Accessible at:
http://ovarian.org/news-resources-separator/nocc-resources

Web Resources

- **American Cancer Society: All About Ovarian Cancer**
  http://cancer.org
  → Click “Cancer A-Z”
  → Scroll to “View All Cancer Types” and select “O”
  → Click on “Ovarian”

- **Cancer.Net Ovarian Cancer Guide**
  This site provides an overview of ovarian cancer, including topics such as coping with side effects, illustrations, and the latest research.
  → Click on “Types of Cancer”
  → Click on “Common Cancers: M-Q”
  → Scroll down and click on “Ovarian, Fallopian Tube, and Peritoneal Cancer”

- **Foundation For Women’s Cancer**
  http://foundationforwomenscancer.org
  This site provides news and information on gynecologic cancers.

- **National Cancer Institute Ovarian, Fallopian Tube, and Primary Peritoneal Cancer—Patient Version.**
• National Ovarian Cancer Association
  
  [http://ovariancanada.org](http://ovariancanada.org)
  
  The site of this Canadian organization provides information on the diagnosis and treatment of ovarian cancer, as well as the physical and emotional aspects of living with ovarian cancer.

• National Ovarian Cancer Coalition
  
  [http://ovarian.org](http://ovarian.org)
  
  This site has information about support services for women with ovarian cancer and about the disease.

• Ovarian Cancer National Alliance
  
  [http://ovariancancer.org](http://ovariancancer.org)
  
  Information for ovarian cancer survivors about living with ovarian cancer, support groups, new research, and advocacy.

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**Screening, Genetics, and Early Detection Information**

• National Cancer Institute. PDQ Prevention Information for Patients
  
  [http://cancer.gov](http://cancer.gov)
  
  → Click “Cancer Types”
  
  → Select “Ovarian Cancer”
  
  → Select “Causes & Prevention”

• FORCE: Facing Our Risk of Cancer Empowered
  
  [http://facingourrisk.org](http://facingourrisk.org)
  
  This site is for women who are at an increased risk of hereditary ovarian or breast cancer and for women who have been diagnosed with these cancers.
University of Michigan Resources

  https://www.rogelcancercenter.org/gynecologic-cancers/ovarian-cancer-initiative
  Our mission is to fight for the lives of women with ovarian cancer through exemplary clinical care, a focus on patient quality of life, and groundbreaking research and education.

- University of Michigan Gynecologic Oncology Clinic – Gynecologic Cancer Awareness
  https://www.rogelcancercenter.org/gynecologic-cancers
  This site provides information on ovarian cancer as well as other gynecologic cancers.

Organizations

- National Ovarian Cancer Coalition (NOCC)
  http://ovarian.org
  Info Line: 1-888-OVARIAN (1-888-682-7426)

- SHARE: Self-Help for Women with Breast or Ovarian Cancer
  http://sharecancersupport.org
  Helpline: 1-844-ASK-SHARE

Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

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