

The purpose of this guide is to help you find information and support on ovarian cancer. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

## Brochures and Fact Sheets

- Foundation for Women's Cancer
  - **Understanding CA 125 Level: A Guide for Ovarian Cancer Patients**
  - **Understanding Ovarian Cancer**

Also available online at:

<http://foundationforwomenscancer.org/educational-materials/ovarian-cancer>

- National Ovarian Cancer Coalition
  - **Ovarian Cancer Quality of Life Issues**
  - **Ovarian Cancer Resource Guide for Newly Diagnosed Women.**
  - **When a Loved One has Ovarian Cancer**

These titles as well as others are available at:

<http://ovarian.org/news-resources-separator/nocc-resources>

## Books

- Benigno, Benedict. **The Ultimate Guide to Ovarian Cancer.** Atlanta, GA: Sherryben Publishing, 2013.

- Dizon, Don S. **One Hundred Questions and Answers about Ovarian Cancer**. 2<sup>nd</sup> Ed. Sudbury, MA: Jones and Bartlett Publishers, 2006.
- Friedman, Sue et al. **Confronting Hereditary Breast and Ovarian Cancer: Identify Your Risk, Understand Your Options, Change Your Destiny**. Baltimore, MD: Johns Hopkins University Press, 2012.
- Hartmann, Lynn C. **Mayo Clinic Guide to Women's Cancers: Breast and Gynecologic Cancers**. Rochester, MN: Mayo Clinic, 2007.
- Hesse-Biber, Sharlene. **Waiting for Cancer to Come: Women's Experiences with Genetic Testing and Medical Decision Making for Breast and Ovarian Cancer**. Ann Arbor, MI: University of Michigan Press, 2014.
- Salani, Ritu; Bristow, Robert; Shockney, Lillie; Shapiro, Gary R. **Johns Hopkins Patients' Guide to Ovarian Cancer**. Boston: Jones and Bartlett Publishers, 2009.
- Smith, Richard and Del Priore, Giuseppe. **Women's Cancers: Pathways to Healing**. London, UK: Springer Science & Business Media, 2009.

## Audiovisual Resources

- National Ovarian Cancer Coalition Videos
  - **Caregivers Role in Managing Symptoms & Side Effects**
  - **Communicating Effectively with Your Physician**
  - **Dealing with Recurrence**
  - **Dealing with Treatment Burnout**
  - **Living with Uncertainty**
  - **Understanding the Genetic Risk for Ovarian Cancer**

Accessible at:

<http://ovarian.org/news-resources-separator/nocc-resources>

## Web Resources

- **American Cancer Society: All About Ovarian Cancer**

<http://cancer.org>

→ Click “Cancer A-Z”

→ Scroll to “View All Cancer Types” and select “O”

→ Click on “Ovarian”

- **Cancer.Net Ovarian Cancer Guide**

<http://www.cancer.net/cancer-types/ovarian-fallopian-tube-and-peritoneal-cancer/introduction>

This site provides an overview of ovarian cancer, including topics such as coping with side effects, illustrations, and the latest research.

→ Click on “Types of Cancer”

→ Click on “Common Cancers: M-Q”

→ Scroll down and click on “Ovarian, Fallopian Tube, and Peritoneal Cancer”

- **Foundation For Women’s Cancer**

<http://foundationforwomenscancer.org>

This site provides news and information on gynecologic cancers.

- **National Cancer Institute Ovarian, Fallopian Tube, and Primary Peritoneal Cancer—Patient Version.**

<https://www.cancer.gov/types/ovarian/patient/ovarian-epithelial-treatment-pdq/>

- **National Ovarian Cancer Association**

<http://ovariancanada.org>

The site of this Canadian organization provides information on the diagnosis and treatment of ovarian cancer, as well as the physical and emotional aspects of living with ovarian cancer.

- **National Ovarian Cancer Coalition**

<http://ovarian.org>

This site has information about support services for women with ovarian cancer and about the disease.

- **Ovarian Cancer National Alliance**

<http://ovariancancer.org>

Information for ovarian cancer survivors about living with ovarian cancer, support groups, new research, and advocacy.

## **Screening, Genetics, and Early Detection Information**

- **National Cancer Institute. PDQ Prevention Information for Patients**

<http://cancer.gov>

→ Click “Cancer Types”

→ Select “Ovarian Cancer”

→ Select “Causes & Prevention”

- **FORCE: Facing Our Risk of Cancer Empowered**

<http://facingourrisk.org>

This site is for women who are at an increased risk of hereditary ovarian or breast cancer and for women who have been diagnosed with these cancers.

## University of Michigan Resources

- **University of Michigan Gynecologic Oncology Clinic – Ovarian Cancer Initiative. Creating hope. Advancing Care. Improving Outcomes.**

<https://www.rogelcancercenter.org/gynecologic-cancers/ovarian-cancer-initiative>

Our mission is to fight for the lives of women with ovarian cancer through exemplary clinical care, a focus on patient quality of life, and groundbreaking research and education.

- **University of Michigan Gynecologic Oncology Clinic – Gynecologic Cancer Awareness**

<https://www.rogelcancercenter.org/gynecologic-cancers>

This site provides information on ovarian cancer as well as other gynecologic cancers.

## Organizations

- **National Ovarian Cancer Coalition (NOCC)**

<http://ovarian.org>

Info Line: 1-888-OVARIAN (1-888-682-7426)

- **SHARE: Self-Help for Women with Breast or Ovarian Cancer**

<http://sharecancersupport.org>

Helpline: 1-844-ASK-SHARE

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Document #0036 / Last Revised 03/2019