

Non-Hodgkin Lymphoma Information Guide

The purpose of this guide is to help you find information and support on non-hodgkin's lymphoma. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

Brochures and Fact Sheets

- Lymphoma Research Foundation. Understanding Non-Hodgkin Lymphoma:
 A Guide for Patients. Call the Lymphoma Research Foundation at
 (800) 500-9976 for your free copy.
- The Leukemia & Lymphoma Society. Non-Hodgkin Lymphoma.
 Printable version available at:
 https://www.lls.org/sites/default/files/file assets/PS58 NHL 5.18FINAL.pdf
- National Cancer Institute. Adult Non-Hodgkin Lymphoma Treatment (PDQ®)-Patient Version
 Printable version available at:

https://www.cancer.gov/types/lymphoma/patient/adult-nhl-treatment-pdg

Books

- Adler, Elisabeth, M. Living with Lymphoma, A Patient's Guide. 2nd Edition.
 Baltimore, MD: Johns Hopkins University Press, 2016.
- Bardia, Aditya and Seifter, Eric. Johns Hopkins Patients' Guide to Lymphoma. Sudbury, MA: Jones and Bartlett Publishers, 2011.

Holman, Peter. 100 Questions & Answers about Lymphoma. 3rd Edition.
 Sudbury, MA: Jones and Bartlett Publishers, 2016.

Audiovisual Resources

- American Cancer Society: Non-Hodgkin Lymphoma http://cancer.org
 - → Click "Cancer A-Z"
 - → Click on "View All Cancer Types" and Scroll down for Non-Hodgkin Lymphoma
- American Society of Hematology Information on Lymphoma http://hematology.org/Patients/Cancers/Lymphoma.aspx

This society has resources for patients to help education of the public about the importance of healthy blood and to raise the awareness of common blood diseases.

• Cancer.Net: Lymphoma – Non-Hodgkin (provided by the American Society for Clinical Oncology)

http://cancer.net

- → Click "Types of Cancer"
- → Click "I-L"
- → Click "Lymphoma Non-Hodgkin"

The American Society of Clinical Oncology provides an overview of non-hodgkin lymphoma, and information about coping and cancer survivorship.

Leukemia & Lymphoma Society

http://lls.org

- → Click "Patients & Caregivers"
- → Click "Education Resources"

Michigan Medicine

- → Click "Free Information Booklets"
- → Scroll to view **the topics Lymphoma Non-Hodgkin**"

Information on blood-related cancers, news, and support services for patients.

• Lymphoma Research Foundation of America

http://lymphoma.org

Patient education and information including access to printable versions of publications, a clinical trials help-line, and information about events and advocacy.

University of Michigan Resources

 University of Michigan Rogel Cancer Center Information about Lymphomas and the Multidisciplinary Lymphoma Clinic https://www.rogelcancercenter.org/lymphoma

The Multidisciplinary Lymphoma Clinic provides diagnosis and treatment for those with newly diagnosed or recurrent lymphomas in a team setting.

Organizations

• Leukemia & Lymphoma Society - Michigan Chapter

Phone: (248) 581-3900

• Lymphoma Coalition

http://lymphomacoalition.org

The Lymphoma Coalition (LC) is a global network of worldwide non-profit lymphoma patient organizations with a vision to free the world of lymphomas.

• Lymphoma Information Network

http://lymphomainfo.net

The Lymphoma Information Network strives to do two things: Put a bit of humanity and understanding to this disease, and to gather lymphoma information and resources into one central place.

• The Lymphoma Research Foundation of America

http://lymphoma.org

The Lymphoma Research Foundation is the nation's largest non-profit organization devoted exclusively to funding innovative lymphoma research.

Also providing people and healthcare professionals with up-to-date information about this type of cancer.

Helpline: (800) 500-9976 (M-F: 9:30am-7pm ET)

helpline@lymphoma.org

• Patients Against Lymphoma

http://lymphomation.org

The Patients Against Lymphoma website provides a helping hand from patient to patient by sharing evidence-based information and voicing patient perspectives in the fight against lymphomas.

Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

Patient Education by <u>Michigan Medicine</u> is licensed under a <u>Creative Commons Attribution-</u> NonCommercial-ShareAlike 3.0 Unported License.

Document #0038/ Last Revised 3/2019