

INTRODUCTION

The purpose of this guide is to help patients and families find sources of information and support. This list is meant to provide links to authoritative, up-to-date information sources for patients, families, and caregivers.

The materials in this guide can be found at the Patient Education Resource Center (PERC) in the University of Michigan Comprehensive Cancer Center, room B1-361.

Brochures

- The Leukemia & Lymphoma Society. **Myelodysplastic Syndrome (MDS)**. A printable version is available at: <http://www.leukemia-lymphoma.org>
- Aplastic Anemia & MDS International Foundation. **Myelodysplastic Syndromes Basic Explanations**. A printable version is available at: www.aplastic.org/pdfs/myelodysbasic.pdf

Article

- Caley, Beverly A. **Treatment Boost for MDS**. Cure; Vol. 5, No. 4, Fall 2006 (p.18). Printable version available at: <http://www.curetoday.org>.

Book

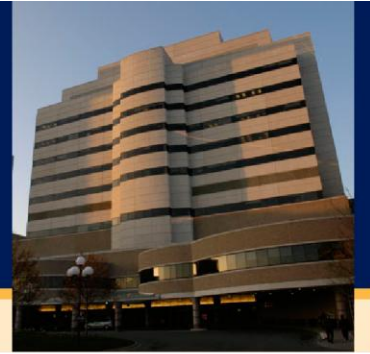
- Gotlib, Jason R. ; Fechter, Lenn. **100 questions & answers about myelodysplastic syndromes**. Sudbury, Mass. : Jones and Bartlett Publishers, 2008

Web Resources

- **All About Myelodysplastic Syndrome**
 - Go to the American Cancer Society site at: <http://www.cancer.org>
 - Click on: "Choose a cancer topic"
 - Select " Myelodysplastic Syndrome " from the list and click "Go"
 - Click on: "All About Myelodysplastic Syndrome "



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INFORMATION GUIDE

- **Aplastic Anemia & MDS International Foundation, Inc.**

Access at: <http://www.aamds.org/aplastic>

This site offers printable versions in PDF files of brochures, newsletters, patient conferences and Frequently Asked Questions about Myelodysplastic Syndrome.

- **Myelodysplastic Syndromes Foundation**

Access at: <http://www.mds-foundation.org>

This site offers a patient handbook, a collection of in-depth articles, and research updates.

- **Myeloproliferative Disorders page on Cancer.gov**

→ Go to the National Cancer Institute site at:

<http://www.cancer.gov>

→ Click on the tab to "Cancer Topics" and select topic from the list.

This page links to a treatment statements about Myelodysplastic Syndromes and to other related documents.

- **Myelodysplastic Syndromes information from the University of Michigan Comprehensive Cancer Center**

→ Access at: <http://www.mcancer.org>

→ Click on: "Cancer and Treatments"

→ Select "Myelodysplastic Syndromes" from the list.

A short overview of the condition and information about the hematology/oncology team at the University of Michigan Comprehensive Cancer Center.

Organizations

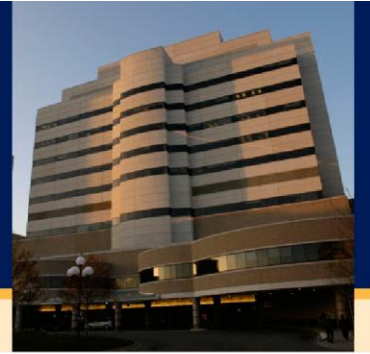
- **Aplastic Anemia & MDS International Foundation, Inc.**

Web site: <http://www.aplastic.org>

(800) 747-2820 or (410) 867-0242



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- **Leukemia & Lymphoma Society – Michigan Chapter**
Web site: <http://www.leukemia-lymphoma.org>
(800) 456-5413

**This document is not intended to take the place of the care and attention of your personal physician or other professional medical services.
Our aim is to promote active participation in your care and treatment by providing information and education.
Questions about individual health concerns or specific treatment options should be discussed with your physician.**

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