

Myelodysplastic Syndromes Information Guide

The purpose of this guide is to help you find information and support on myelodysplastic syndromes. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

Brochures and Fact Sheets

- **ASCO Answers Fact Sheet: Myelodysplastic Syndromes -**
Read a 1-page fact sheet that offers an introduction to MDS.
Printable version available at:
https://www.cancer.net/sites/cancer.net/files/asco_answers_mds.pdf
- The Leukemia & Lymphoma Society
 - **Myelodysplastic Syndromes (MDS)**
https://www.lls.org/sites/default/files/file_assets/PS22_MDS_Booklet_2017.pdf
 - **The MDS Guide – Information for Patients and Caregivers**
https://www.lls.org/sites/default/files/National/USA/Pdf/PS20_MDS_Guide_2017_FINAL.pdf

Books

- Gotlib, Jason R.; Fechter, Lenn. **100 Questions & Answers about Myelodysplastic Syndromes 2nd Edition**. Sudbury, Mass.: Jones and Bartlett Publishers, 2016.

Web Resources

- **American Cancer Society: All About Myelodysplastic Syndrome**
<http://cancer.org>
 - Click “Cancer A-Z”
 - Scroll down to “View All Cancer Types” and click
- **Aplastic Anemia & MDS International Foundation, Inc.**
<http://aamds.org/aplastic>

This site provides information on diagnosis, types, treatment, and clinical trials of myelodysplastic syndromes.
- **Cancer.Net: Section on Myelodysplastic Syndromes – MDS** (provided by the American Society for Clinical Oncology)
<http://cancer.net>
 - Click “Types of Cancer”
 - Click “M-Q”
 - Select “Myelodysplastic Syndromes”
- **MDS Foundation (Myelodysplastic Syndromes Foundation)** The Myelodysplastic Syndromes Foundation was established by an international group of physicians and researchers to provide an ongoing exchange of information relating to MDS.
<https://www.mds-foundation.org/about-the-mds-foundation/>
- **National Cancer Institute. Myelodysplastic Syndromes Treatment (PDQ®)– Patient Version**
<https://www.cancer.gov/types/myeloproliferative/patient/myelodysplastic-treatment-pdq>

This site provides general information about Myelodysplastic Syndromes, including treatment options.

University of Michigan Resources

- **University of Michigan Rogel Cancer Center Information on Myelodysplastic Syndromes**

<https://www.rogelcancercenter.org/myelodysplastic-syndromes>

A short overview of the condition and information about the hematology/oncology team at the University of Michigan Rogel Cancer Center.

Organizations

- **Aplastic Anemia & MDS International Foundation, Inc.**

<http://aplastic.org>

Phone: 1-800-747-2820

1-410-867-0242

- **Leukemia & Lymphoma Society – Michigan Chapter**

<https://www.lls.org/michigan>

Phone: 1-800-456-5413

- **MDS Foundation**

Phone: 1-800-MDS-0839

Email: liaison@mds-foundation.org

Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

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