



The purpose of this guide is to help you find information and support on melanoma. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

Brochures

- National Cancer Institute.
 - **Skin Cancer Treatment (PDQ®)–Patient Version.**
<https://www.cancer.gov/types/skin/patient/skin-treatment-pdq>
 - **Melanoma Treatment (PDQ®)–Patient Version**
<https://www.cancer.gov/types/skin/patient/melanoma-treatment-pdq>
 - **Merkel Cell Carcinoma Treatment (PDQ®)–Patient Version**
<https://www.cancer.gov/types/skin/patient/merkel-cell-treatment-pdq>
- National Comprehensive Cancer Network. **Melanoma: NCCN Guidelines for Patients (2018).**
Available online at:
<http://www.nccn.org/patients/guidelines/melanoma>

Books

- McClay, Edward; McClay, Mary-Eileen T.; Smith, Jodie. **100 Questions & Answers about Melanoma and Other Skin Cancers.** Boston, MA: Jones and Bartlett, 2013.

- Poole, Catherine M. **Melanoma: Prevention, Detection and Treatment.** 2nd Ed. New Haven, CT: Yale University Press, 2005.
- Wang, Steven Q. **Beating Melanoma: A Five-Step Survival Guide.** Baltimore: Johns Hopkins University Press, 2011.

Audiovisual Resources

- Melanoma International Foundation. **Examine Your Skin**
Available at:
<http://melanomainternational.org/melanoma-facts/examine-your-skin/>
This is a video that teaches you the best way to do a thorough skin examination.

Web Resources

- **AIM at Melanoma Foundation**
<http://www.aimatmelanoma.org/>
Provides educational information on melanoma as well as news, research and patient and caregiver support information.
- **Melanoma Skin Cancer** — American Cancer Society
<http://www.cancer.org>
 - Click “Cancer A-Z”
 - Click **View All Cancer Types** and select “**Melanoma Skin Cancer**”
- **Cancer.net: Melanoma** (provided by the American Society for Clinical Oncology)
<http://www.cancer.net>
 - Click “**Types of Cancer**”
 - Click on “**M-Q**”
 - Select “**Melanoma**”

- **Melanoma International Foundation**

<http://melanomaintl.org>

The Melanoma International Foundation is a patient support organization. The site has detailed information about melanoma including programs for patients and families.

- **Melanoma Research Foundation**

<http://www.melanoma.org/>

Information about the prevention, diagnosis, and treatment of melanoma. Also focuses on awareness of this disease and the need for a cure.

University of Michigan Resources

- **University of Michigan Rogel Cancer Center Multidisciplinary Melanoma Clinic.**

<https://www.rogelcancercenter.org/skin-cancer>

This site provides Melanoma resources as well as a welcome video.

- **University of Michigan UMSkinCheck App**

<https://www.rogelcancercenter.org/files/skin-check-app-flyer.pdf>

A free app available for iOS and Android products. Gives guidance on skin cancer self-exams and helps with tracking of skin lesions and moles over time.

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