

Lung Cancer Information Guide

The purpose of this guide is to help you find information and support on lung cancer. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

Brochures and Fact Sheets

- CancerCare publications:
 - Caring for Your Loved One with Lung Cancer
 https://media.cancercare.org/publications/original/156-fs lung caring.pdf
 - Lung Cancer: New Tools for Making Decisions About Treatment https://media.cancercare.org/publications/original/94-fs_decisions.pdf
 - Treatment Update Lung Cancer
 https://media.cancercare.org/publications/original/18-ccc lc progress.pdf
- Cancer Support Community
 - Lung Cancer: Frankly Speaking About Cancer Series
 Printable versions available at
 https://www.cancersupportcommunity.org/lung-cancer
 Scroll down and make a selection.
- Lung Cancer Research Foundation
 - Living with A Diagnosis of Lung Cancer

Printable version available at:

http://participate.freetobreathe.org/site/DocServer/LivingWithaDiagnosis_2 018.03.pdf?docID=1006&AddInterest=1403

- Lung Cancer Alliance
 - Understanding Your Diagnosis
 - o Understanding Non-Small Cell Lung Cancer: A Guide for the Patient
 - o Understanding Small Cell Lung Cancer: A Guide for the Patient

Available online at:

https://lungcanceralliance.org/resources-and-support/general-support/educational-materials/

Scroll down and make a selection.

- National Cancer Institute Lung Cancer—Patient Version PDQ Treatment
 Information for Patients
 - Non-Small Cell Lung Cancer Treatment
 https://www.cancer.gov/types/lung/patient/non-small-cell-lung-treatment-pdq
 - Small Cell Lung Cancer Treatment

Printable versions available at:

https://www.cancer.gov/types/lung/patient/small-cell-lung-treatment-pdg

- National Comprehensive Cancer Network
 - NCCN Guidelines for Patients.

Non-Small Cell Lung Cancer - Early and Locally Advanced 2019

Printable version available at:

https://www.nccn.org/patients/guidelines/lung-early-stage/

Non-Small Cell Lung Cancer - Metastatic 2019

https://www.nccn.org/patients/guidelines/lung-metastatic/index.html

Malignant Pleural Mesothelioma – 2016

https://www.nccn.org/patients/guidelines/mpm/files/assets/basic-html/page-1.html

Books

- Ali, Naheed. Understanding Lung Cancer: An Introduction for Patients and Caregivers. Lanham, MD: Rowman & Littlefield, 2014.
- American Cancer Society. Quick Facts Lung Cancer: What You Need to Know—Now. Atlanta, GA: American Cancer Society, 2nd Ed. 2013.
- Scott, Walter J. Lung cancer: A Guide to Diagnosis and Treatment. 2nd Ed. Omaha, NE: Addicus Books, 2012.
- Shiller, J.H. **100 Questions & Answers About Lung Cancer.** 4th Ed. Boston, MA: Jones and Bartlett, 2017.
- St. John, Tina. With Every Breath: A Lung Cancer Guidebook. T.M. St. John: Vancouver, WA: 2009.

Web Resources

- American Cancer Society section on Lung Cancer http://cancer.org
 - o Click the **Menu** tab at the top left.
 - o Click on Cancer A-Z and make a selection.
- American College of Chest Physicians
 http://chestnet.org/Foundation/Patient-Education-Resources/Lung-Cancer

Michigan Medicine

This site has educational information on chest diseases, including Lung Cancer.

Free to Breathe: A Partnership for Lung Cancer Survival http://freetobreathe.org

Free to Breathe is a partnership of lung cancer survivors, advocates, researchers, healthcare professionals, and industry leaders. Their site offers patient support and educational resources.

• Lung Cancer Alliance

http://lungcanceralliance.org

The information on this site covers a large variety of issues relating to lung cancer, including symptom management, imaging techniques, and clinical trials.

• Lungcancer.org: A Program of Cancercare®

http://lungcancer.org

Access to information, news, and webcasts on lung cancer.

University of Michigan Resources

Tobacco Consultation Service

Group and individual quit-smoking programs. For more information, visit: http://hr.umich.edu/mhealthy/programs/tobacco

Or call: (734) 998-6222

Or email:quitsmoking@med.umich.edu

University of Michigan Rogel Cancer Center Lung Cancer Clinic

https://www.rogelcancercenter.org/lung-cancer

Includes clinic information as well as educational resources on lung cancer.

Organizations

• Lung Cancer Alliance

http://lungcanceralliance.org

888 16th Street, NW

Suite 800

Washington, D.C. 20006

Email: info@lungcanceralliance.org

Helpline: 1-800-298-2436

Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

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Document #0032/Last Revised 3/2019