The purpose of this guide is to help you find information and support on head and neck cancer. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

**Brochures and Fact Sheets**

- CancerCare. *Oral and Head and Neck Cancer: Treatment Update*  

- Head and Neck Cancer Treatment (Adult) (PDQ®) – Patient Version  
  Treatment information for patients from the National Cancer Institute. Printable versions of the following Head and Neck Cancer PDQs® available at:  
  - Hypopharyngeal Cancer Treatment
  - Laryngeal Cancer Treatment
  - Lip and Oral Cavity Cancer Treatment
  - Metastatic Squamous Neck Cancer with Occult Primary Treatment
  - Nasopharyngeal Cancer Treatment
  - Oropharyngeal Cancer Treatment
  - Paranasal Sinus and Nasal Cavity Cancer Treatment
  - Salivary Gland Cancer Treatment

- National Oral Health Information Clearinghouse. *Head and Neck Radiation Treatment and Your Mouth*. Printable version available at:  
Book


Web Resources

- American Cancer Society
  - Laryngeal and Hypopharyngeal
  - Nasal Cavity and Paranasal
  - Nasopharyngeal
  - Oral Cavity and Oropharyngeal cancer
    [http://cancer.org](http://cancer.org)
    Click Cancer A - Z and select the above cancers from the drop-down list.
- Cancer.Net – Section on Head and Neck Cancer
  This site is put out by the American Society of Clinical Oncology (ASCO) and covers such topics as treatment options, coping, and the latest research.
• National Cancer Institute – Section on Head and Neck Cancer
  

  Access to PDQ statements of different types of head and neck cancers from the National Cancer Institute.

• Oral Cancer Foundation
  
  [http://oralcancer.org](http://oralcancer.org)

  Information on oral cancer treatment, coping, and living with this disease. The site also features survivors’ stories and a patient support forum.

University of Michigan Resources

• University of Michigan Rogel Cancer Center Head and Neck Oncology Program
  
  [https://www.rogelcancercenter.org/head-and-neck-cancer](https://www.rogelcancercenter.org/head-and-neck-cancer)

  This program provides comprehensive treatment and rehabilitation for patients afflicted with cancer arising in the head and neck.

Organizations

• Support for People with Oral and Head and Neck Cancer – S.P.O.H.N.C.
  
  [https://spohnc.org](https://spohnc.org)

  P.O. Box 53
  Locust Valley, NY 11560-0053
  Phone: (516) 759-5333
  Fax: (516) 671-8794

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