The purpose of this guide is to help you find information and support on breast and ovarian cancer genetics. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

**Brochures and Fact Sheets**

- Facing Our Risk of Cancer Empowerment (FORCE)
  - Breast Cancer Screening for High Risk Women
  - If Breast or Ovarian Cancer Runs in Your Family
  - Genetic Information, Privacy & Discrimination
  - What Every Jewish Family Should Know About Breast & Ovarian Cancer
  - For Families Facing Hereditary Breast or Ovarian Cancer
  - What Every Young Woman with Breast Cancer Should Know
  - What Every Woman with Ovarian Cancer Should Know

  Printable version available at:

- National Cancer Institute

  Genetics of Breast and Ovarian Cancer (PDQ)

  Printable version available at:
Susan G. Komen

http://ww5.komen.org/BreastCancer/InheritedGeneticMutations.html

- Genetics and Breast Cancer – Fact sheet from the Susan G. Komen Foundation
  https://ww5.komen.org/uploadedFiles/_Komen/Content/About_Breast_Cancer/Tools_and_Resources/Fact_Sheets_and_Breast_Self_Awareness_Cards/Genetics%20and%20Breast%20Cancer.pdf

- Research Fast Facts: BRCA
  https://ww5.komen.org/uploadedFiles/_Komen/Pages/What_We_Do/We_Fund_Research/Your_Research_Dollars_at_Work/2018_BRCA_FF.pdf

Books


Audiovisual Resources

- FORCE. Facing Our Risk of Cancer Empowerment

  FORCE YouTube Channel includes many videos on hereditary breast and ovarian cancers. Access at:

  http://youtube.com/user/facingourrisk
Web Resources

- **Hereditary Breast and Ovarian Cancer (HBOC)**
  

  Information on the genetics of breast and ovarian cancer, and the experiences of visiting a cancer genetics clinic in the State of Michigan.

- **BreastCancer.org** – section on Genetics
  
  [http://breastcancer.org/risk/factors/genetics](http://breastcancer.org/risk/factors/genetics)

- **FORCE. Facing Our Risk of Cancer Empowerment**
  
  [http://facingourrisk.org](http://facingourrisk.org)

  The information on this site helps women understand risk, genetic testing, and legal and ethical issues facing women with a confirmed BRCA mutation. Preventative measures that may reduce risk are discussed in detail, including prophylactic mastectomy, surgical menopause, chemoprevention, and more.

- **Genetics, Causes, Risk Factors, Prevention section on Cancer.gov**
  

  This site links to documents on cancer genetics, genetics of breast and ovarian cancer, and the Cancer Genetics Services Directory; a directory of professionals who provide services related to cancer genetic risk assessment, counseling, and testing.

- **Genetics Home Reference**
  

  This site includes condition summaries that describe the genetic causes and pattern of inheritance for specific cancer types and a handbook that provides illustrated, basic explanations of how genetic mutations cause disorders.
University of Michigan Resources

- Breast & Ovarian Cancer Risk Evaluation Program
  https://www.rogelcancercenter.org/cancer-genetics/breast-and-ovarian-risk-program

Patient Support Organizations

- FORCE – Facing Our Risk of Cancer Empowered
  http://facingourrisk.org/index.php

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