

# Fertility and Cancer Information Guide

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The purpose of this guide is to help you find information and support on fertility and cancer. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

## Brochures and Fact Sheets

- American Cancer Society
  - **Fertility and Men With Cancer**  
<https://www.cancer.org/treatment/treatments-and-side-effects/physical-side-effects/fertility-and-sexual-side-effects/fertility-and-men-with-cancer.html>
  - **Fertility and Women With Cancer**  
<https://www.cancer.org/treatment/treatments-and-side-effects/physical-side-effects/fertility-and-sexual-side-effects/fertility-and-women-with-cancer.html>
- Livestrong Foundation
  - **Livestrong Fertility Brochure**  
Accessible at:  
<http://livestrong.org/we-can-help/fertility-services>

- National Cancer Institute **Sexual and Fertility Changes in Men**

Printable version available at:

<https://www.cancer.gov/about-cancer/treatment/side-effects/fertility-men>

- **Sexual and Fertility Changes in Women**

Printable version available at:

<https://www.cancer.gov/about-cancer/treatment/side-effects/fertility-women>

- SaveMyFertility.org

- **Men and Cancer: Preserving Fertility and Managing Hormonal Symptoms**

<http://www.savemyfertility.org/sites/savemyfertility/files/FS3->

[OF%20MenPreserving%20final5-5.pdf](http://www.savemyfertility.org/sites/savemyfertility/files/FS3-OF%20MenPreserving%20final5-5.pdf)

- **Women and Cancer: Preserving Fertility**

<http://www.savemyfertility.org/sites/savemyfertility/files/FS2->

[OF%20WomenPreserving%20final5-5.pdf](http://www.savemyfertility.org/sites/savemyfertility/files/FS2-OF%20WomenPreserving%20final5-5.pdf)

## Books

- Beck, Lindsay and Oktay, Kutluk H. **100 Questions & Answers about Cancer and Fertility**. Sudbury, MA: Jones and Bartlett Publishers, 2<sup>nd</sup> edition, 2010.
- Rosenthal K. **Everything Changes: The Insider's Guide to Cancer in Your 20s and 30s**. Hoboken, NJ: John Wiley & Sons, 2009.
- Shaw, Gina M. **Having Children after Cancer: How to Make Informed Choices Before and After Treatment and Build the Family of Your Dreams**. New York, NY: Crown Publishing, 2011.

## Web Resources

- **American Cancer Society: Fertility & Sexual Side Effects**

<https://www.cancer.org/treatment/treatments-and-side-effects/physical-side-effects/fertility-and-sexual-side-effects.html>

This site has information on how cancer treatment can affect fertility for both women and men, ways to preserve fertility before treatment, and fertility options available after treatment.

- **American Society for Reproductive Medicine**

<http://asrm.org>

The site of this medical society has a section for patients with frequently asked questions, fact sheets, and booklets addressing many fertility issues.

- **American Society of Clinical Oncology (ASCO) section on reproductive health.**

<http://cancer.net/coping-and-emotions/sexual-and-reproductive-health>

Includes information on fertility concerns and preservation for both women and men.

- **Livestrong Fertility**

<https://livestrong.org/we-can-help/livestrong-fertility>

Provides reproductive information, support, and hope to cancer patients, both male and female, and survivors facing the risk of infertility.

- **MyOncofertility.org**

<http://myoncofertility.org>

MyOncofertility.org is a patient education resource from The Oncofertility Consortium, a national, interdisciplinary initiative exploring the reproductive future of cancer survivors.

- **National Cancer Institute section on Fertility Issues**

<https://cancer.gov/about-cancer/treatment/research/fertility-preservation>

- **Save my Fertility**

<http://savemyfertility.org>

Save My Fertility is a fertility preservation toolkit (and iPhone app) for patients and providers who seek support about cancer and its impact on their reproductive health.

## University of Michigan Resources

- **The Fertility Preservation Program (FP) at the University of Michigan Rogel Cancer Center**

[www.rogelcancercenter.org/fertility-preservation](http://www.rogelcancercenter.org/fertility-preservation)

**Phone:** (734) 763-5384

- University of Michigan Rogel Cancer Center

- **Fertility Preservation for Women.** Access at:

<https://www.rogelcancercenter.org/fertility-preservation/for-female-patients>

- **Fertility Preservation for Men.** Access at:

<https://www.rogelcancercenter.org/fertility-preservation/for-male-patients>

Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

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