

# Colon and Rectal Cancer Information Guide

The purpose of this guide is to help you find information and support on colon and rectal cancer. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

### **Brochures and Fact Sheets**

American Society of Clinical Oncology ASCO Answers

**Colorectal Cancer** 

http://www.cancer.net/cancer-types/colorectal-cancer

CancerCare Connect Booklet Series.

Treatment Update: Colorectal Cancer https://media.cancercare.org/publications/original/182-ccc col update.pdf

- National Cancer Institute Colorectal Cancer
  - Colon Cancer Treatment (PDQ®)-Patient Version A printable version is available at:

https://www.cancer.gov/types/colorectal/patient/colon-treatment-pdq

 Rectal Cancer Treatment (PDQ®)-Patient Version A printable version is available at:

https://www.cancer.gov/types/colorectal/patient/rectal-treatment-pdq

#### **Michigan Medicine**

- National Comprehensive Cancer Network (NCCN)
  - NCCN Guidelines for Patients Colon Cancer, 2018
     https://www.nccn.org/patients/guidelines/cancers.aspx
     Click on "View All Cancer Types"
     Scroll down to "Colon Cancer" and Select
  - NCCN Guidelines for Patients Rectal Cancer, 2018
     https://www.nccn.org/patients/guidelines/cancers.aspx
     Click on "View ALL Cancer Types"
     Scroll Down to "Rectal Cancer" and Select

#### **Books**

- Bud, David S.; Rose, Susannah; Wong, Douglas. **100 Questions & Answers About Colorectal Cancer.** 2<sup>nd</sup> ed. Boston, MA: Jones and Bartlett Publishers, 2008.
- Elliot, Jacob, ed. **Medifocus Guidebook On: Colorectal Cancer.** Silver Spring, MD. CreateSpace Independent Publishing Platform, 2012.
- Levin, Bernard, et al. **The American Cancer Society's Complete Guide to Colorectal Cancer**. Rev. Ed. Atlanta. Ga: American Cancer Society, 2006.
- Ruggieri, Paul and Tolentino, Addison R. Colon & Rectal Cancer: From Diagnosis to Treatment. Omaha, NE: Addicus Books, 2011.

#### **Audiovisual Resources**

Cancercare Connect Workshop
 http://www.cancercare.org/connect\_workshops

## **Michigan Medicine**

- o Go to "Listen to Workshops"
- o Select "Colorectal Cancer" from "By Cancer Type"

These workshops are available as a downloadable mp3 or viewable online as a webcast.

#### Web Resources

American Cancer Society section on Colon and Rectal Cancer

https://www.cancer.org/cancer/colon-rectal-cancer.html

Colon Cancer Alliance

http://www.ccalliance.org

This site provides comprehensive information and news on colon cancer as well as information on support services and advocacy activities of the Colon Cancer Alliance.

Colorectal Cancer Coalition

http://www.fightcolorectalcancer.org

The site of this advocacy organization has information about colorectal cancer diagnosis and treatment and news about colorectal cancer advocacy.

# **University of Michigan Resources**

 University of Michigan Rogel Cancer Center - Colorectal Cancer https://www.rogelcancercenter.org/colorectal-colon-cancer

# **Organizations**

• Cancer Support Community of Greater Ann Arbor

http://www.cancersupportannarbor.org

Cancer Support Community of Greater Ann Arbor 2010 Hogback Road, Suite 3

Ann Arbor, MI 48105

Phone: (734) 975-2500 Fax: (734) 975-2525

info@cancersupportannarbor.org

#### **Michigan Medicine**

## • Colon Cancer Alliance

http://www.ccalliance.org

1025 Vermont Ave., NW, Suite 1066

Washington, D.C., 20005

Phone: (202) 628-0123

Toll-Free Helpline: (877) 422-2030

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Resource complied by J. Krauss, MD

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