The purpose of this guide is to help you find information and support on chemotherapy. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

**Brochures and Fact Sheets**

- **CancerCare.** *Understanding and Managing Chemotherapy Side Effects.* Available online at: [https://www.cancercare.org/publications/24-understanding_and_managing_chemotherapy_side_effects](https://www.cancercare.org/publications/24-understanding_and_managing_chemotherapy_side_effects)


- **National Cancer Institute.** *Chemotherapy Side Effects Fact Sheets.* Available online at: [https://www.cancer.gov/cancertopics/coping/physicaleffects/chemo-side-effects](https://www.cancer.gov/cancertopics/coping/physicaleffects/chemo-side-effects)

**Books**


- **Brown, Roxanne.** *Chemo: Secrets to Thriving.* Bedford, IN: NorLights Press, 2011.


Chemotherapy Information Guide


Audiovisual Resources

• Chemotherapy Video, an Emmi program

  Emmi® programs help you and your loved ones make sense of vital health information. These multimedia programs explain what to expect before, during and after your procedure or treatment. Emmi Solutions developed these programs with the assistance and expertise of the American Cancer Society.

Web Resources

• Chemocare.com
  http://www.chemocare.com/

  Comprehensive information on chemotherapy including managing side-effects, coping strategies, and complementary therapies. The site is presented by Scott Hamilton, and the content is provided by the Cleveland Clinic.

• Chemotherapy from the American Cancer Society
  https://www.cancer.org/treatment/treatments-and-side-effects.html

  Links to several pages on the topic including treatment types, a guide to cancer drugs, and physical and emotional side effects of treatment.

• MedlinePlus – Drugs, Supplements, and Herbal Information.
  https://www.medlineplus.gov

  ○ Click on “Drugs and Supplements”

  Drug information for prescription and over-the-counter medication information is from AHFS® Consumer Medication Information, copyrighted by the American Society of Health-System Pharmacists (ASHP), Inc., Bethesda, Maryland; Copyright © 2018. All Rights Reserved.
• **U.S. Food and Drug Administration**
  [https://www.fda.gov/Drugs](https://www.fda.gov/Drugs)
  Drug information and education about buying and using medicines safely, new drug approvals and tips for parents and seniors.

**University of Michigan Resources**

• **What to Expect: A Guide to Cancer Infusion Therapy**
  - [https://www.rogelnccancer.org/chemotherapy/resources](https://www.rogelnccancer.org/chemotherapy/resources)
  - Click “A Guide to Cancer Infusion Therapy”

A guide to chemotherapy at the University of Michigan Rogel Cancer Center. It includes advice on preparing for treatment and dealing with practical, social, and medical aspects of chemotherapy treatment.

**For Patients taking Oral Chemotherapy Drugs**

**Brochures**

• **Cure. A Patient’s Guide to Medication Adherence & Financial Support.** Available online at:

**Web Resources**

• **Oral Chemotherapy page** from the American Cancer Society

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Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

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