

## Butter Lettuce and Spinach Salad with Citrus and Avocado

½ head Butter or Bibb lettuce  
1 small bunch Spinach leaves  
1 ruby grapefruit  
1 avocado  
Black pepper to taste  
Vinaigrette

Wash the lettuce and spinach leaves. Remove stems from spinach leaves.

Peel grapefruit and break into segments.

Cut avocado in half. Remove pit and skin. Lay halves cut side down and slice them crosswise at an angle.

Place grapefruit segments and avocado slices in a bowl and sprinkle a small amount of vinaigrette dressing.

Toss lettuce and spinach with same vinaigrette dressing.

Set the grapefruit and avocado slices among the leaves.

Top with a grinding of black pepper and serve.

**Servings: 2 - 4**

**Serves 1**