The purpose of this guide is to help you find information and support on breast cancer. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

**Brochures and Fact Sheets**


- **Breast Cancer Treatment (PDQ®)-Patient Version** A copy of this is available to view or print at the National Cancer Institute site at: [https://www.cancer.gov/types/breast/patient/breast-treatment-pdq](https://www.cancer.gov/types/breast/patient/breast-treatment-pdq)

**Books**


• Krychman, Michael L. **100 Questions & Answers about Breast Cancer Sensuality, Sexuality, and Intimacy**. Sudbury, MA: Jones and Bartlett, 2011.


• Shockney, Lillie. **100 Questions & Answers about Advanced and Metastatic Breast Cancer**. Sudbury, MA: Jones and Bartlett, 2012.


**Web Resources**

• American Cancer Society  

• BreastCancer.org  
  [https://www.breastcancer.org](https://www.breastcancer.org)  
  A wealth of information on breast cancer including an extensive Questions & Answers section written by breast cancer experts.

• Living Beyond Breast Cancer  
  [https://www.lbbc.org](https://www.lbbc.org)  
  This site focuses on news concerning breast cancer treatment and clinical trials. It also includes recordings and transcripts of educational events.

• NCCN Guidelines for Patients  
  [https://www.nccn.org/patients](https://www.nccn.org/patients)  
  o Under “Patient & Caregiver Resources”, select “Information by Cancer Type”  
  o Select “Breast Cancer”  
  This site contains informative guides to stages of breast cancer as well as a video library consisting of 12 videos on various topics related to breast cancer.

• Susan G. Komen Foundation  
  [https://www.komen.org/](https://www.komen.org/)  
  The section: “About Breast Cancer” has information about diagnosis and treatment, complementary therapies, life after breast cancer treatment, and quality medical care. The site also includes a multimedia section with audiovisual educational programs.
• SusanLoveMD.com  
  http://www.drsusanloveresearch.org/  
  The information on this site aims to assist women in treatment decision making and deal with the changes and challenges brought on by breast cancer.

Breast Reconstruction

• Michigan Breast Reconstruction Outcome Study (MBROS) Consumer’s Guide to Breast Reconstruction  
  http://surgery.med.umich.edu/plastic/patient/breast  
  Detailed explanations of the various breast reconstruction options.

Male Breast Cancer

• All About Male Breast Cancer  

• Male Breast Cancer Treatment (PDQ®)–Patient Version  
  A copy of this is available to view or print at the National Cancer Institute site at:  
  http://www.cancer.gov/cancertopics/pdq/treatment/malebreast/Patient

• Cancer.Net  
  This site has information on Adrenal Gland Tumors at:  
  https://www.cancer.net/cancer-types/breast-cancer-men

University of Michigan Resources

• University of Michigan Rogel Cancer Center Breast Care Center  
  https://www.rogelcancercenter.org/breast-cancer/breast-cancer-center  
  The Breast Care Center offers the most comprehensive, effective, and least invasive treatments using a team-based approach. Counseling and emotional support are also integral parts of the Breast Care Center.
Email Groups (Listservs)

- **BREAST-CANCER** is an email discussion group for Breast Cancer patients and families, hosted by the Association of Cancer Online Resources ACOR (http://www.acor.org). To subscribe, go to: http://listserv.acor.org/archives/breast-cancer.html

- **MALEBC** is an email discussion group for Male Breast Cancer patients and families, hosted by the Association of Cancer Online Resources ACOR (http://www.acor.org). To subscribe, go to: http://listserv.acor.org/archives/malebc.html

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