

The purpose of this guide is to help you find information and support on breast cancer. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

## Brochures and Fact Sheets

- National Cancer Institute. **Surgery Choices for Women with DCIS or Breast Cancer**. Available online at:  
<https://www.cancer.gov/publications/patient-education/surgery-choices>
- **Breast Cancer Treatment (PDQ®)–Patient Version** A copy of this is available to view or print at the National Cancer Institute site at:  
<https://www.cancer.gov/types/breast/patient/breast-treatment-pdq>

## Books

- American Cancer Society. **Breast Cancer Clear & Simple: All Your Questions Answered**. 2<sup>nd</sup> Edition. Atlanta, GA: American Cancer Society, 2016.
- Anderson, Greg. **Breast Cancer: 50 Essential Things You Can Do**. San Francisco, CA: Conari Press, 2011.
- Anderson, John W. **Stand By Her: A Breast Cancer Guide for Men**. New York: AMACOM, 2010.
- Breast Cancer Support Group of the Penn State Milton S. Hershey Medical Center. **Show Me: A Photo Collection of Breast Cancer Survivors' Lumpectomies, Mastectomies, Breast Reconstruction and Thoughts on Body Image**. Penn State Geisinger Health System, 2004.
- Brown, Zora. **100 Questions & Answers About Breast Cancer**. 3rd Edition. Sudbury, MA: Jones and Bartlett Publishers, 2009.

- Gordon, Barbara L, et al. **Breast Cancer Recurrence and Advanced Disease: Comprehensive Expert Guidance**. Durham, NC: Duke University Press, 2010.
- Hartmann, Lynn. **The Mayo Clinic Breast Cancer Book**. Intercourse, PA: Good Books, 2012.
- Krychman, Michael L. **100 Questions & Answers about Breast Cancer Sensuality, Sexuality, and Intimacy**. Sudbury, MA: Jones and Bartlett, 2011.
- Lange, Vladimir. **Be a Survivor: Your Guide to Breast Cancer Treatment**. 6th Ed. Los Angeles, CA: Lange Productions, 2015.
- Link, John S. **The Breast Cancer Survival Manual: A Step-by-Step Guide for the Woman with Newly Diagnosed Breast Cancer**. 6<sup>th</sup> Edition. New York: H. Holt, 2017.
- Love, Susan. **Dr. Susan Love's Breast Book**. 6<sup>th</sup> Edition. Cambridge, MA: Da Capo Press, 2015.
- Maisano, Gina M. **Intimacy After Breast Cancer: Dealing With Your Body, Relationships and Sex**. Garden City Park, NY: Square One Publications, 2010.
- O'Regan, Ruth, et al. **Breast Cancer Journey: The Essential Guide to Treatment and Recovery**. 3<sup>rd</sup> Ed. Atlanta, GA: American Cancer Society, 2013.
- Prijatel, Patricia. **Surviving Triple Negative Breast Cancer: Hope, Treatment and Recovery**. New York, NY: Oxford University Press, 2013.
- Reiss, Fern. **The Breast Cancer Checklist**. Newton, MA: The Publishing Game, 2012.
- Shockney, Lillie. **100 Questions & Answers about Advanced and Metastatic Breast Cancer**. Sudbury, MA: Jones and Bartlett, 2012.
- Sikki, Madhulika. **A Breast Cancer Alphabet**. New York, NY: Crown Publishing, 2014.
- Sokolowski, Nancy. **The Breast Cancer Companion: A Guide for the Newly Diagnosed**. New York, NY: Demos Health, 2011.
- Steligo, Kathy. **The Breast Reconstruction Guidebook: Issues and Answers from Research to Recovery**. 4<sup>rd</sup> Ed. Baltimore, MD: Johns Hopkins University Press, 2017.

- Weiss, Marisa. **Living Well Beyond Breast Cancer: A Survivor's Guide for When Treatment Ends and the Rest of Your Life Begins**. New York, NY: Three Rivers Publishing, 2010.

## Web Resources

- **American Cancer Society**

<https://www.cancer.org/cancer/breast-cancer.html>

- **BreastCancer.org**

<https://www.breastcancer.org>

A wealth of information on breast cancer including an extensive Questions & Answers section written by breast cancer experts.

- **Living Beyond Breast Cancer**

<https://www.lbbc.org>

This site focuses on news concerning breast cancer treatment and clinical trials. It also includes recordings and transcripts of educational events.

- **NCCN Guidelines for Patients**

<https://www.nccn.org/patients>

- Under “*Patient & Caregiver Resources*”, select “*Information by Cancer Type*”
- Select “*Breast Cancer*”

This site contains informative guides to stages of breast cancer as well as a video library consisting of 12 videos on various topics related to breast cancer.

- **Susan G. Komen Foundation**

<https://www.komen.org/>

The section: “*About Breast Cancer*” has information about diagnosis and treatment, complementary therapies, life after breast cancer treatment, and quality medical care. The site also includes a multimedia section with audiovisual educational programs.

- **SusanLoveMD.com**  
<http://www.drSusanLoveResearch.org/>

The information on this site aims to assist women in treatment decision making and deal with the changes and challenges brought on by breast cancer.

### **Breast Reconstruction**

- **Michigan Breast Reconstruction Outcome Study (MBROS) Consumer's Guide to Breast Reconstruction**  
<http://surgery.med.umich.edu/plastic/patient/breast>  
Detailed explanations of the various breast reconstruction options.

### **Male Breast Cancer**

- **All About Male Breast Cancer**  
<https://www.cancer.org/cancer/breast-cancer-in-men.html>
- **Male Breast Cancer Treatment (PDQ®)–Patient Version**  
A copy of this is available to view or print at the National Cancer Institute site at:  
<http://www.cancer.gov/cancertopics/pdq/treatment/malebreast/Patient>
- **Cancer.Net**  
This site has information on Adrenal Gland Tumors at:  
<https://www.cancer.net/cancer-types/breast-cancer-men>

### **University of Michigan Resources**

- **University of Michigan Rogel Cancer Center Breast Care Center**  
<https://www.rogelcancercenter.org/breast-cancer/breast-cancer-center>  
The Breast Care Center offers the most comprehensive, effective, and least invasive treatments using a team-based approach. Counseling and emotional support are also integral parts of the Breast Care Center.

## Email Groups (Listservs)

- **BREAST-CANCER** is an **email discussion group for Breast Cancer patients and families**, hosted by the Association of Cancer Online Resources ACOR (<http://www.acor.org>). To subscribe, go to:  
<http://listserv.acor.org/archives/breast-cancer.html>
- **MALEBC** is an **email discussion group for Male Breast Cancer patients and families**, hosted by the Association of Cancer Online Resources ACOR (<http://www.acor.org>).  
To subscribe, go to: <http://listserv.acor.org/archives/malebc.html>

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