

The purpose of this guide is to help you find information and support on bladder cancer. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

Brochures and Fact Sheets

- American Urological Foundation. AUA Foundation. **Non-Muscle Invasive Bladder Cancer: A Patient Guide**. Printable version available at:
<http://urologyhealth.org/educational-materials/bladder-cancer-patient-guide>
- Bladder Cancer Advocacy Network. **Bladder Cancer Basics for the Newly Diagnosed**. Available online at:
<http://bcan.org/request-patient-handbook/>
Register to view to online version or have a copy sent to your home.
- **Bladder Cancer Treatment PDQ**
A copy of this is available to view or print at the National Cancer Institute site at:
<https://www.cancer.gov/types/bladder/patient/bladder-treatment-pdq>
- University of Michigan. **Bladder Cancer Handbook**. Available online at:
med.umich.edu/cancer/files/bladder-cancer-handbook.pdf

Books

- Ellsworth, Pamela and Carswell, Brett. **100 Questions & Answers About Bladder Cancer**. Sudbury, MA: Jones and Bartlett, 2011.
- Gonzalgo, Mark L. **Johns Hopkins Patients' Guide to Bladder Cancer**. Sudbury, MA: Jones and Bartlett, 2011.
- Mullen, Barbara Dorr and McGinn, Kerry Ann. **The Ostomy Book: Living Comfortably with Colostomies, Ileostomies and Urostomies**. Boulder, CO: Bull Publishing, 2008.
- Raghavan, Derek. **The Cleveland Clinic Guide to Bladder Cancer**. New York, NY: Kaplan Publishing, 2010.
- Rayson, Elizabeth. **Living Well with an Ostomy**. Your Health Press, 2012.

Audiovisual Materials

- Bladder Cancer Advocacy Network. **The New Normal: Living with a Urinary Diversion.**
<http://bcan.org/udvideos/>
Several videos are available focusing on Ileal Conduit, Neobladder, and Indiana Pouch for both males and females.
- **Bladder Cancer Advocacy Network Videos**
<http://bcan.org/learn/educational-programs/videos/>
Many videos to select from the following series:
 - **Conversations: Let's Talk About Bladder Cancer Series**
 - **Patient Education Video Series**

Web Resources

- **American Cancer Society: Bladder Cancer**
<http://cancer.org>
 - Click on *"Learn About Cancer"*
 - Choose *"Bladder Cancer"* from *"Select a Cancer Type"*
 - Click *"Go"*
- **Bladder Cancer Advocacy Network (BCAN)**
<http://bcan.org>
- **Cancer.net: Bladder Cancer** (provided by the American Society for Clinical Oncology)
<http://cancer.net>
 - Click *"Types of Cancer"*
 - Click *"A-C"*
 - Click *"Bladder Cancer"*
- **National Cancer Institute: Bladder Cancer**
<http://cancer.gov>
 - Under *"Find a Cancer Type"*, click on *"B"*
 - Click *"Bladder Cancer"*

Includes information on treatment of bladder cancer and other related topics.
- **United Ostomy Associations of America**
<http://ostomy.org>
Provides information on ostomies as well as a discussion board and links to area support groups.

- **UrologyHealth.org** (Provided by the American Foundation for Urologic Disease)
<http://urologyhealth.org/urology/>

University of Michigan Resources

- University of Michigan Rogel Cancer Center Multidisciplinary Urology Oncology Clinic
<http://RogelCancerCenter.org/bladder-cancer>
This site provides information on diagnosis, treatment, and support. Also includes information on the doctors that make up the bladder cancer team.

Email Groups (Listservs)

- **BLADDER-CANCER-CAFE** is an **email discussion group for Bladder Cancer/Transitional Cell Carcinoma Cancer patients and families**, hosted by the Association of Cancer Online Resources ACOR. Join at:
<http://acor.org/listservs/join/13>

Organizations

- **American Bladder Cancer Society**
<http://bladdercancersupport.org>
This site offers an online forum and a blog as well as links to educational information.
Phone: (888) 413-2344
- **The Bladder Cancer Advocacy Network (BCAN)**
<http://bcan.org>
Phone: (301) 469-6865

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