

The purpose of this guide is to help you find information and support on advanced prostate cancer. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

Brochures

- CancerCare
 - **Metastatic Prostate Cancer: Treatment Update**
Printable version available at:
https://media.cancercare.org/publications/original/180-ccc_met_prostate.pdf
- UsToo
 - **Seven Principles for Managing Advanced Prostate Cancer**
 - **What Now? Hope and Options When Experiencing a Rising PSA**
 - **The Prostate Cancer Playbook**
 - **Prostate Cancer Patient's Guide to Hormone Therapy**
 - **Signposts Along the Pathway of Prostate Cancer: Understanding Diagnostic Tests and Procedures to Monitor Prostate Cancer**
Printable versions available at:
<http://ustoo.org/Advanced-Prostate-Cancer>

Books

- Burnett, Arthur L. **Prostate Cancer Survivors Speak their Minds**. Hoboken, NJ, 2010.
- Chodak, Gerald W. **Winning the Battle Against Prostate Cancer: Get the Treatment that is Right for You**. New York, NY: Demos Health, 2013.
- Ellsworth, Pamela. **100 Questions & Answers about Prostate Cancer** (4th Ed). Burlington, MA: Jones and Bartlett, 2014.

- Katz, Aaron E. **The definitive guide to prostate cancer: everything you need to know about conventional and integrative therapies.** New York, NY: Rodale, 2011.
- Marks, S. **Prostate & Cancer: A Family Guide to Diagnosis, Treatment, & Survival** (4th Ed.). Cambridge, MA: Da Capo Lifelong, 2009.
- Moyad, M. A. **Promoting Wellness for Prostate Cancer Patients** (4th Ed.). Ann Arbor, MI: Ann Arbor Media Group, 2013.
- Scardino, Peter T. **Dr. Peter Scardino's Prostate Book: The Complete Guide to Overcoming Prostate Cancer, Prostatitis, and BPH.** New York, NY: Penguin Group, 2010.
- Walsh, Patrick C. **Dr. Patrick Walsh's Guide to Surviving Prostate Cancer** (3rd Ed). New York: Grand Central Life & Style, 2012.

Web Resources

- **American Cancer Society: Prostate Cancer**
<http://cancer.org>
 - Click on “Cancer A-Z”
 - Select “View All Cancer Types”
 - Click the “P” and then “Prostate Cancer”
- **Cancer.net from the American Society of Clinical Oncologists**
<https://www.cancer.net/research-and-advocacy/asco-care-and-treatment-recommendations-patients/hormone-therapy-advanced-prostate-cancer>
Information on hormone therapy for advanced prostate cancer
- **National Cancer Institute**
Information on prostate cancer at:
<http://cancer.gov/cancertopics/types/prostate>
- **Prostate Cancer Foundation**
<http://prostatecancerfoundation.org>
The site includes a wealth of information about risk factors, screening, diagnosis and treatment of prostate cancer.

- **UpToDate Patient information: Treatment for advanced prostate cancer (Beyond the Basics)**
<http://uptodate.com/contents/treatment-for-advanced-prostate-cancer-beyond-the-basics>
- **Us TOO International**
<http://www.ustoo.org>
Detailed information about prostate cancer including: treatment options, post-treatment issues, clinical trials and support services for patients and families. Helpful features include an archive of audio and video files and downloadable files of publications.

University of Michigan Resources

- **University of Michigan Rogel Cancer Center High Risk or Advanced Prostate Cancer Clinic**
<https://www.rogelcancercenter.org/prostate-cancer/high-risk-or-advanced-prostate-cancer>
Description of the High Risk or Advanced Prostate Cancer Program at the UM Rogel Cancer Center.

Organizations

- **US TOO International, Inc. Prostate Cancer Education & Support**
<http://www.ustoo.org>
Toll-Free Hotline: 1-800-808-7866

Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

Patient Education by [Michigan Medicine](#) is licensed under a [Creative Commons Attribution-NonCommercial-ShareAlike 3.0 Unported License](#).

Document #0263 / Last Revised 2/2019